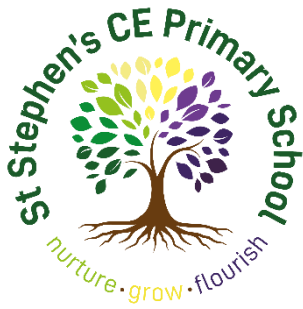




Friday 29th April
2022

Dear Parents and Carers,

Eid Mubarak

If you are celebrating Eid with your family this weekend, we wish you Eid Mubarak, and hope that you have a joyous and special time together.



School is CLOSED on Monday and Tuesday next week for the Bank Holiday and Eid. All children should come to school on Wednesday, and we invite children to come to school wearing their Eid clothes. If your child was not celebrating Eid, they may still come to school wearing some special clothes of their choice.

Staff Baby News!

We are delighted to tell you that before the Easter holidays Mrs Akhtar had a baby boy, and during the Easter holidays Mrs Hare also had a little boy, called Edward. Earlier this week Mrs Fillan welcomed a son, Jacob, into this world. All mothers and babies are doing well, and we wish them all the best for their lives together as new families.



Online Safety Guide

Please share this week's guide with your child – it's '**10 Top Tips for Respect Online – A Digital World for Everyone**'. It lists 10 ways to show other people respect, and develop positive relationships online.



We hope you have a peaceful long weekend, and we will see you on Wednesday.

Mr Elcock (Deputy Head)



We are now beginning to hold Celebration Collective Worship (Assemblies) on Friday mornings. We hope that in a few weeks we will, once again, be able to invite parents to join us in celebrating our pupils' achievements. We will let you know when this will happen. Well done to all our Superstars below...

Nursery	
All Nursery children are superstars this week for their enthusiasm and involvement in their visit to Meanwood Valley Urban Farm yesterday!	
Reception	
Spinners: Adam & Sara	Twisters: Anum & Salman
Year 1	
Delius: Eesa & Aleena	Hockney: Maryam & Rayhan
Year 2	
Forster: Dominic & Reham	Lister: Arham & Ruqayya
Year 3	
Bronte: Lera & Hafsah	Haworth: Zayan & Zaynab
Year 4	
McMillan: Fatima & Juwariyah	Priestley: Noori & Juwairiah
Year 5	
Salt: Saliha & Waseem	Jowett: Aadam & Rumaisa
Year 6	
Appleton: David & Andrej	Cartwright: Tobias & Safaa

Last week's attendance and punctuality	
Nursery	
Morning: 92% & N/A	Afternoon: 69% & N/A
Reception	
Spinners: 87% & 5 Lates	Twisters: 75% & 10 Lates
Year 1	
Delius: 88% & 4 Lates	Hockney: 87% & 7 Lates
Year 2	
Forster: 77% & 3 Lates	Lister: 92% & 5 Lates
Year 3	
Bronte: 93% & 3 Lates	Haworth: 87% & 9 Lates
Year 4	
McMillan: 91% & 8 Lates	Priestley: 93% & 10 Lates
Year 5	
Salt: 91% & 3 Lates	Jowett: 91% & 4 Lates
Year 6	
Appleton: 88% & 12 Lates	Cartwright: 93% & 5 Lates

10 Top Tips for Respect Online: A DIGITAL WORLD FOR EVERYONE

Even *before* lockdowns inflamed the situation, one in every five 10- to 15-year-olds was experiencing bullying online: abusive messages, having rumours spread about them or being excluded from group chats, for example. Through smartphones and tablets, we're used to being able to communicate from anywhere, at any time – but digital devices became commonplace so quickly that it caused a problem: as a society, we haven't properly adjusted to how different they've made life. Our tips can help you to build positive relationships online and avoid some of the potential issues.

WHAT IS NETIQUETTE?

Etiquette is a set of rules to help us interact with others: like a code of respect. People follow this code every day (mostly without even thinking about it) and it can help us decide how to act in certain situations. 'Netiquette' (etiquette on the net – we see what they did there!) is the same, except it's designed to help us interact with others online, which is sometimes a whole different ball game.

1 SEE THE OTHER SIDE

Usually when we're online, we can't use the other person's body language or tone of voice to give us clues about what we can say to them, or how to say it. Try to think what the situation might be like for them, how they're feeling and whether we'd say the same thing if they were actually there with us.

2 HIT THE PAUSE BUTTON

Without a person physically there in front of us, it's easy to send something quickly – before we've really thought about whether it's helpful or kind. Just because we *can* do things quickly doesn't mean we *should*; it's better to pause for a second and think it through, instead of simply reacting.

3 MIND YOUR LANGUAGE

People have invented loads of different ways to communicate online (emojis, abbreviations like LOL, TBH and so on). Some of these can be triggering to other people (such as USING CAPS SO IT LOOKS LIKE YOU'RE SHOUTING!), so it's important to stay aware of the style of language you're using.

4 BE SURE BEFORE YOU POST

On social networks like Instagram or Facebook, vast numbers of people might see what you've posted. So if that's something negative about a person, it can feel hugely painful for them. If you're ever tempted to post something like that, ask yourself "do I really need to go public with this?"

5 PROTECT YOURSELF

Always think very carefully before sharing any personal information with someone else or in a group. Once something's been put online, the sender loses any control over where it goes and who might see it. If you've got any uncertainty at all, it's a good idea to talk to a trusted adult about this first.

6 KINDNESS IS CATCHING

Negative communication can spread rapidly online, but so can being kind and helpful (this happened quite a lot during lockdowns, for instance). A friendly, positive message can make a big difference to someone as well as helping us feel good about ourselves – so share the love!

7 WAITING CAN BE HARD

When we've sent a message or posted something online, waiting for a reply or for someone to respond can make us anxious. It could be helpful to think whether you really *have* to message or post right now – or if you could wait until a better time when it will cause you less anxiety.

8 THE NET LOVES ATTENTION

Most apps, games and sites use sophisticated technology that's designed to keep us coming back for more. It's important to keep this in mind when you feel the need to reach for your phone, tablet or console – once we understand this fact, it becomes easier to control how we use our digital devices.

9 REPLY WISELY

Sometimes it's tempting to fire back an instant response to a post or message we don't like. *How* we respond is important, however – whether we reply privately to the person or on a platform where lots of people will see it, for example, makes a big difference to how whoever is receiving the message will deal with it.

10 FORGIVE AND FORGET

Even though we try to avoid them, mistakes can – and *do* – happen online. They can sometimes feel like a bigger deal than they actually are. It's important to remember that we're all only human, and sometimes we mess up. Learn to forgive others and – just as importantly – to forgive yourself.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



Source: <https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/bulletins/onlinebullyinginenglandandwales/yearendingmarch2020>
<https://truecenterpublishing.com/psyber/blackhole.html> | https://www.researchgate.net/publication/8451443_The_Online_Disinhibition_Effect